

Age at Sexual Maturity Among the Eight Endogamous Population of North-Eastern India

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ABSTRACT The age at sexual maturity of 245 girls belonging to eight endogamous populations namely, Adi, Apatani, Nishi, Naga, Ahom, Sonowal-Kachari, Tea garden Tribal and Assamese has been studied employing the status quo method in the North-Eastern India. The majority of the girls menstruated at the age of 12, 13 or 14 years irrespective of the caste/tribal affiliation. The mean menarcheal age varies between 12.22 ± 0.99 to 13.80 ± 0.98 years among the eight populations under study. The findings of the present study were also compared with the previously conducted studies in North-Eastern part of India.